



"Our morning meeting involves our Senior Geo briefing us on the days geological journey, reminding us to channel our inner Indiana Jones"

### What is your name and job title?

My name is Henrique Frasson, I am an Exploration Geologist, currently working at the Cue Gold Project.

#### What's most important to you in a workplace?

Aside from the standard requirement of having a safety culture (we all want to return home at the end of the swing), it is very important to me to build personal relationships and friendships with colleagues, since we spend a significant portion of our lives in the field. After all, it's not just about the work we do; it's about the people we share it with.

### What does a typical day at Cue look like for you?

Wake up: The alarm clock screams with the enthusiasm of a geothermal vent, beckoning us to emerge from our beds. It's time to swap dreams of precious minerals for the real-life treasure hunt that awaits us in the field.

Morning Meeting: We gather around the exploration shed, the team's spirit is very high early in the morning (thanks to the coffee machine). Our Senior Geo briefs us on the days geological journey, reminding us to channel our inner Indiana Jones. Our goal? Uncover the mysteries hidden beneath the Earth's surface. We are ready for another day of drilling, core logging, and cross-sections.

Logging: With the morning sun casting its golden glow on the landscape (or just on the green tarp over the core yard), we start our journey armed with mighty hand lenses, magnets, and scratchy pens! Each rock tells a story, and we are the storytellers.

Wrap-up: The end-of-day sees a rendezvous inside the kitchen to cook some tasty food, share some stories and laughter.

#### How long have you worked for Ramelius?

I have been working for Ramelius for two and a half years now.

### What's your favourite thing about working at Cue?

Aside from the excitement of a new project and new geological scope, the people I work with are the best part of it. Being part of a close-knit, hard-working, and competent group makes my work there more compelling and enjoyable.

I also enjoy our camp/site facilities where we often do our own cooking and enjoy the occasional drink to cool down after working in the heat all day.

# What's been yours or your team's greatest achievement recently?

Being part of the Exploration team is already an achievement for me. The ability to communicate efficiently with the crew, run team meetings, or simply write technical reports with English as my second language, is another personal milestone. In the beginning, I was very concerned about not being able to communicate or understand instructions properly. Luckily, I was always surrounded by great people, who took the time and had the patience to help me learn and grow professionally and personally, which I am very grateful for.

## What are your three main tips for maintaining a happy & healthy mindset doing FIFO?

- 1. Eat healthy, exercise, and sleep well these three things are interconnected and a good balance between them makes life easier.
- 2. Positive attitude I am passionate about geology, and the FIFO lifestyle suits me well simply because I appreciate being in the field as much as being at home.
- 3. Relationships having a supportive partner and surrounding yourself with people you can trust is crucial to maintaining health and happiness even when things get tough.



## What would you say to new graduates who are considering starting FIFO work?

The decision to opt for FIFO work involves not only weighing the pros and cons, but ultimately it depends on the individual's passion for the work. It can be very challenging due to the remote and harsh environment; however, it can be very rewarding - you get to see parts (and rocks) of the country that you never thought you would, and out in the field there is also a strong sense of comradery. Overall, I think it is a great life experience, even if you decide not to continue your career in Exploration, it is worthwhile venturing out, whether as rig geo or logging core, mapping, etc... it's fun and exciting!